

Federal Aviation Administration

On Landings Part I



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Introduction

Being a safe pilot means combining your working knowledge of aviation with current skills and experience —tempered by good judgment.

One important phase of flying skill is the landing. Landing phase accidents are responsible for nearly half of all general aviation accidents. By fortifying your knowledge of the "whys" and "wherefores" of approach and landing accidents, you can become a safer pilot.

In this pamphlet, we will look at undershooting and cross-control stalls—the kinds of accidents that can happen before you reach the runway. Also, we will look at hard landings, porpoising, and loss of directional control —problems encountered after reaching the runway.

The Undershoot

At one time or another every one of us has miscalculated an approach and started to undershoot the runway. It's hard to forget that "sinking" feeling you had when you first realized that the airplane might not make the runway.

Poor pattern techniques, such as flying too wide a pattern on downwind or making a late turn to base leg, are frequent causes of undershooting.





Another cause is failure to maintain adequate power on final.



Some pilots succumb to "runway fixation" and unconsciously try to "carry" the airplane up to the landing spot by easing the nose up without adding power. This technique doesn't work very well.



You can help set up a proper and constant distance from the runway for all airports by placing the runway centerline at a specific point on the leading edge of the wing (low wing airplane) or a point along the strut (high wing airplane). You may even put a mark or piece of tape at the proper wing strut position.

Using the runway centerline as your guide takes care of wide or narrow runways. (Of course, this reference line or point only works when the wings are level.)

Avoiding Undershoots

How do you avoid undershoots? A good pattern helps.

When traffic isn't a factor, turn base when the point of intended touchdown is 45 degrees behind the wing.



At a familiar airport, you may be able to use the "crutch" of familiar landmarks to determine proper turning points. But at unfamiliar airports you won't have such "hometown" references. The 45degree technique will work at any airport.

When there is other traffic in the pattern, you can avoid the common problem of the "ever-lengthening downwind" by starting your turn to base just after the airplane you're following turns final and passes behind your wing (assuming that it's not using a much slower approach speed than yours).

Experienced pilots often use a series of imaginary windows on approach. These "reference points in the sky" are great aids in determining whether your approach is within the desired horizontal and vertical limits.







The first window should be encountered just after turning final.



If there are obstacles between your imaginary window and the runway, either raise the "windows" or move them.



Your last and most important window is the one at the runway threshold. You should be at the required airspeed and height to complete the landing when you pass through this last window.

Flying the Right Airspeed

Pilots of large aircraft always determine what their approach speeds will be in advance. They calculate the aircraft's landing weight, then look at charts for the right "reference speed," or V-ref. The keystone V-ref, although different on almost every approach, is based on the airplane's stall speed and other factors at its estimated landing weight.

Added to V-ref by the pilot is additional airspeed required to maintain an adequate safety margin while maneuvering in the pattern, as well as additional airspeed to compensate for wind gusts, turbulence, and wind shear.

"Approach segment airspeeds," based on V-ref, assure that the aircraft has just the right amount of extra airspeed margin above V-ref.

V _{ref} +		kias or mph					
Extra airspeed for							
banking and maneuvering							

Smaller aircraft do not come with V-ref tables. Some manufacturers, however, furnish recommended approach speeds corresponding to different aircraft weights.

Such tables can be developed and it is suggested that you prepare and use your own. We recommend that you use the format in the following table but, before you fill it in, we suggest that you see Part II of On Landings and read the accompanying handout for Part II carefully.

V Speeds						
Landing Weight	Knots IAS					
Pre-pattern	_					
Downwind	_					
Base	_					
Final	_					
Short Final	_					

There are rules of thumb, however:

- 1. On downwind, fly no faster than the "top of the flap operating range" and no slower than 1.4 times the calibrated stall speed for your airplane at its actual landing weight, or 1.4 Vso. (There are exceptions, so please read Part II.)
- 2. Maintain an airspeed no lower than 1.4 Vso until after turning final.
- 3. Then, on final, let your airspeed decay to 1.3 Vso as you near the runway.
- 4. If you encounter any turbulence, wind gusts, or wind shear, compensate with additional airspeed on each segment of the approach.

The Stabilized VFR Approach





Make your normal pattern entry and extend your landing gear on downwind, if applicable. Abeam the intended landing point, reduce your power to the predetermined value that works best for your airplane. While holding altitude with pitch, slow the airplane down in preparation for turning base.

Then set partial flaps, if you haven't already done so. If you have reduced power properly, you can now trim the aircraft and set up a descent.

Begin your turn to base when the point of touchdown is 45 degrees behind the wing. Turn base, then final, keeping all banks to 30 degrees or less.

AT ANY TARGETED AIRSPEED ... MORE POWER ... GLIDE PATH SHALLOWER LESS POWER ... GLIDE PATH STEEPER Should you need to increase your rate of descent, do so either by reducing power or by further extending flaps to increase drag. If you do extend flaps, remember that you've just modified your approach configuration and that adding power may be necessary to stay on the selected glide path at your targeted speed.

A fundamental key to flying a stabilized approach is the interrelationship of pitch and power.

At any targeted airspeed in any configuration, adding more power will make the glide path shallower; reducing power will make it steeper. This interrelationship means that any changes to one element in the "approach equation" must be compensated for by adjustments in the other.

So, after a glide path has been selected, the means of staying on it and maintaining your targeted airspeed can only be achieved by adjusting pitch and power together.

Experienced pilots know the power settings and airspeeds for different landing weights, drag configurations, and rates of descent for their airplanes.

Then, these pilots need make only minor adjustments to pitch and power to maintain the selected glide path and airspeed.

The important (if not basic) point is never let your airspeed decay below the targeted airspeed for each segment of the approach and never let the airplane sink below its selected glide path.

In any event, never let yourself get behind the power curve while on long final!







One final point: full flaps should be used for all normal landings unless the manufacturer suggests otherwise. And, once flaps have been extended, they should not be retracted. That's why it is always good practice not to go to the final flap setting until your landing is assured.

The Stabilized IFR Approach

The same basic concepts apply to the IFR approach. First, transition the airplane to the approach configuration; that is, slow the airplane and retrim it. Do this well before you intercept the glide slope, unless traffic flow requires otherwise.



Some pilots extend their landing gear to help them slow down, then add flaps after the airspeed drops into the flap operating range. If the gear has not already been used for speed control, extend the gear as you intercept the glide slope or reach the final approach fix. Additional power may be necessary with the gear and flaps extended. Be sure to retrim for each configuration change.

	Rule of Thumb t	o Calculate Rate of De	scent: Method 1						
	Glide Slope	Factor x Groundspeed (knots)	Approximate rate of descent (feet/minute)						
	3 degrees	5 x =	nn						
Г	4.5 degrees	8 x =							
	6 degrees	10 × =							
	Example 1: 3 degrees at 90 knots: 5 x 90 = 450 fpm Example 2: 4.5 degrees at 90 knots: 8 x 90 = 720 fpm Rule of Thumb to Calculate Rate of Descent: Method 2								
	Groundspeed (knots) + "add a zero" divided by 2 divided by 2 divided by 2 divided by 2								
	Example: <u>90 knots = "0"</u> = <u>900</u> = 450 fpm 2 2								

You should now be able to hold the selected airspeed and set up a stabilized rate of descent. With the runway in sight and a landing assured, extend final landing flaps. Retrim again and maintain positive control of the aircraft, since adding flaps without promptly retrimming could possibly cause you to "balloon" back into the clouds. The rate of descent table at the right has been adopted (for training purposes) from a similar rate of descent table published in the United States Government Flight Information Publication *U.S. Terminal Procedures.*

	ditions	. It will I	be especia	lly useful f	e in plann or approa	ches when	the localizing a stable	er only is	used for co	ourse guid	ance. A	best spee	d, powe landina
nin	imums	exist upo	n breakout	. Care sh	ould alway	rs be exerc	cised so the	at minimu	m descent	altitude a	nd missed	approach	point a
not exceeded. ANGLE OF DESCENT FEET (degrees /NM and tenths)						GROUN	ND SPEED	(knots)					
		/NM	30	45	60	75	90	105	120	135	150	165	180
:	2.0	210	105	160	210	265	320	370	425	475	530	585	635
:	2.5	265	130	200	265	330	395	465	530	595	665	730	795
	2.7	287	143	215	287	358	430	501	573	645	716	788	860
E R T	2.8	297	149	223	297	371	446	520	594	669	743	817	891
	2.9	308	154	231	308	385	462	539	616	693	769	846	923
-	3.0	318	159	239	318	398	478	557	637	716	796	876	955
P A T H	3.1	329	165	247	329	411	494	576	658	740	823	905	987
	3.2	340	170	255	340	425	510	594	679	764	849	934	1019
ANGLE	3.3	350	175	263	350	438	526	613	701	788	876	963	1051
Ē	3.4	361	180	271	361	451	541	632	722	812	902	993	1083
	3.5	370	185	280	370	465	555	650	740	835	925	1020	1110
	4.0	425	210	315	425	530	635	740	845	955	1060	1165	1270
	4.5	475	240	355	475	595	715	835	955	1075	1190	1310	1430
	5.0	530	265	395	530	660	795	925	1060	1190	1325	1455	1590
			290	435	580	730	875			1310	1455	1600	174
				475	635	7.9-					1590	1745	



What If Things Go Wrong on the Approach?

You should be interested to know that accidents involving undershoots are usually much more serious than landing long. Obviously, the energy levels involved in undershoot accidents are much higher.



If ever you're in doubt about making the runway, add enough power to assure a safe landing. And, of course, be sure that power will be available by using your checklist for all prelanding items! A significant number of landing accidents are caused by loss of power, and many of them are related to some basic step the pilot simply forgot.

What Causes Most Undershoots?

Often the pilot is unconsciously trying to hold altitude or make the runway using elevator alone.



This sets up a mush or stall, resulting in an undershoot accident or a hard landing on the runway itself.

A perfect way to sucker yourself into this is to shoot a long, low approach —especially in unstable air or in high-density altitude conditions.

What can happen is that you can wind up behind the power curve with the throttle wide open and no more power available to stop the sink rate.

In this case the only thing you can do to save the situation (tough as it is) is to ease the nose over and regain airspeed and climb capability—if you have the altitude, distance, and lack of obstacles ahead to do it. This only reemphasizes the importance of using the proper combination of power and pitch throughout the landing approach.

Undershooting—The Key Points

- Know and use the appropriate approach speeds.
- Never allow yourself to get below your targeted approach speed for each segment of the approach.
- Fly the proper glide path.
- Add power anytime you think you're too low or slow.
- Remember the interrelationship between pitch and power.

The Aim Point

The aim point is something we've all heard about but may not have been using. But it's a great aid in making good, safe landings. The aim point is your imaginary bull's-eye on the runway. It can be between two particular runway lights, or wherever.

It's the reference point at the end of your selected glide path, not the actual touchdown point.







Glide Path Selection

Once you've selected your aim point, you must also select the right glide path. Without a Visual Approach Slope Indicator (VASI) or Instrument Landing System (ILS), this becomes a personal decision.



Select a glide path that works best for a particular situation, but make sure it allows for clearance of all obstacles and for a safe rate of descent. A VASI is a good aid to help establish a safe glide path. Remember, though, that while all VASIs will keep you clear of obstacles, approach angles vary. And some "complex" VASIs provide multiple approach angles to assist everything up to jumbo jets, while many smaller airports may have only nonstandard VASI systems. One such nonstandard system is nothing more than three plywood (or plastic) panels to be aligned by adjusting your glide path on approach.



The FAA Aeronautical Information Manual provides a detailed description of how standard and nonstandard VASIs work. In addition, the Airport/Facility Directory provides VASI glide angle information for standard VASIs for each runway where they are installed.

In Canada, comparable references are the *Transport Canada Aeronautical Information Manual* and the Canada Flight Supplement.

Wind and Turbulence Can Affect the Glidepath

On final, your glide path can be affected by wind, wind shear, microbursts, and other turbulence, including wake turbulence.

Wind shear is a major variation in wind speed and direction between horizontal layers of air.







Microbursts are sharp, very strong downdrafts, associated with thunderstorms. Impossible to out-maneuver and usually invisible to the eye, they are good reasons to avoid a landing at any airport with a thunderstorm nearby.



Turbulence also results from airflow over nearby mountains and winds disrupted by nearby woods, hangars, or other airport structures.



Always be ready for turbulence and its effect on your approach. When you find it, especially on short final, be prepared to add power and go around if necessary. The sooner you add power, the less likely you are to wind up between a rock and a hard place.

Whenever you operate at an airport served by large aircraft, be alert for wake turbulence. Study the wake turbulence avoidance procedures from time to time. They, too, are published in the *Transport Canada Aeronautical Information Manual* and other publications.

The Cross-Control Stall

Stalls are a frequent cause of landing accidents and the deadliest of all is the cross-control stall.

A cross-control stall is usually set up on base and the potential for it becomes greater in the presence of a tailwind on that leg. A tailwind creates greater groundspeed, which gives you less time to react.

Add a distraction such as conflicting traffic or a problem in the cockpit and you're ripe for a late turn onto final and the potential for a cross-control stall.



Making that turn to final, you don't want to make a steep banked turn because you know that the stall speed increases with bank angle.



Instead, you try to increase the rate of turn with rudder alone, all the while keeping your bank shallow with opposite aileron.





Of course, now you'll need more "up" elevator because the combination of inside rudder and "down" aileron drag makes the nose drop.

As you pull back, you slow down and, bang! There's a stall and a snap roll toward the lower, inside wing.





This situation can be avoided by good planning, including a properly flown pattern, proper airspeeds, and a timely go-around when things don't feel right.

- Complete as much of your beforelanding checklist as possible before entering the pattern.
- Look outside the cockpit for helpful indications of wind flags, smoke, and ponds, for example.
- Listen to the radio for UNICOM and ATIS advisories on landing conditions.
- When you have the option, handle a direct cross-wind situation by flying a pattern that gives you a headwind, not a tailwind, on base.

Hard Landings, Bounced Landings, and Loss of Directional Control

Let's now look at three other types of landing-phase accidents: the hard landing, the bounced landing, and loss of directional control on roll-out. These are not killer mishaps like the cross-control stall and the undershoot, but they, too, result in substantial damage, injuries, and embarrassment.

Hard Landings

Drop-in or "hard" landings cause a great deal of monetary damage to airplanes each year. These accidents result from several causes.

You can set yourself up for a hard landing by not looking out ahead of the airplane and losing your perspective relative to the ground.



Loss of perspective can also be the result of improper scanning during flare and touchdown.

Remember to look outside the cockpit—way outside. And don't forget to use your peripheral vision as well. It's something you learned way back in pre-solo: to focus your attention ahead of the airplane.

Hard landings are also the result of distractions.

A typical distraction is a disturbance with passengers in the cabin. Don't be distracted! The landing is the last part of the flight, the part where you're the most tired, yet it's the point where the most concentration is required.











To alleviate distractions, airlines have adopted the "sterile cockpit" concept. Below a certain altitude, all conversation is limited only to matters concerning aircraft operations. It's a rule you may want to adopt.

Ballooning is another cause of hard landings.

This often results from excess airspeed combined with poor flare technique. (Yanking back on the controls before touchdown can put you several stories above the runway with airspeed decaying rapidly.)

If this happens, ease the nose over gently and add power if necessary.

Remember, too, a full power goaround may be your best bet to avoid a hard landing after ballooning.

Another cause of hard landings, as discussed earlier, is trying to stretch a final approach by raising the nose without adding power. Also beware of running out of elevator control during flare. A typical example happens when you're too slow with too much weight up front. You may not have the flare power you need. A high descent rate makes these conditions even more serious. Be sure you're OK on CG.

In summary, if you think you're headed for a hard landing—

- Add power to arrest the sink rate.
- Keep your wings level.
- If you decide to make a go-around, make the decision sooner rather than later.

Bounced Landings

The bounced landing, or pilot-induced oscillation (porpoising), was supposed to be cured by the introduction of tricycle landing gear. Not so. Innovative pilots keep discovering new ways to make bad landings.

In a bounced landing, the airplane comes in nose-wheel first (or for a tail-dragger, main gear first) setting off a series of motions that imitate the jumps and dives of a porpoise hence the name.



The problem is improper aircraft attitude at touchdown, sometimes caused by inattention, by not knowing where the ground is, by mistrimming, or by trying to force the aircraft onto the runway.

No matter what the cause, the situation must be corrected immediately.

Ground effect, a factor from the surface to a height of about half the plane's wing span, decreases elevator control effectiveness and increases the effort required to raise the nose and hold the airplane off. Not enough elevator (or stabilator) trim can result in a nose-low contact with the runway and a porpoise.







The secret to a good landing is proper aircraft attitude at touchdown. For tricycle gear planes, it's the attitude that assures that the main wheels will touch before the nose wheel. You'll need to develop a feel for this attitude in your particular aircraft and stay proficient at it. You'll also need to know what it "feels like" at all combinations of weight and CG.



Porpoising can also be caused by improper airspeed control. Usually, if an approach is too fast, the airplane floats and the pilot tries to force it on the runway when the airplane still wants to fly.



A gust of wind, a bump in the runway, even a slight tug on the wheel will send the aircraft aloft again. What to do?

First, don't push the nose over. Ease it over and re-land, this time holding the proper pitch attitude until the aircraft touches down. Add back pressure continually as the aircraft slows during the flare.

On Landings Part I

Too many airplanes have been pranged because of the pilot's desire to put the airplane on the ground. A go-around may be the answer in some cases of porpoising.



To avoid porpoising:

- Always trim the airplane for a stabilized approach.
- Avoid excess airspeed and "floating."
- Don't be distracted.
- Maintain proper pitch attitude.
- Stay proficient.





Loss of Directional Control

Engineers also thought tricycle landing gear would eliminate directional control problems and ground looping. Not so.



(For those who aren't familiar with this nemesis, a ground loop is an uncontrolled turn, often violent—usually on landing and roll-out.)



How to avoid loss of directional control? Recognize and correct problems early. Stop any incipient turn or swerve almost before it starts. Get right on it.



Also, use your controls to their best advantage. Keep the weight of tricycle gear aircraft on the mains with elevator back pressure—this also desensitizes the nosewheel. In tail-draggers, full back stick puts more weight on the tailwheel for better directional control.



Lack of sufficient back pressure can multiply the effects of small rudder movements (or reactions to crosswinds)—overcorrections that can induce trouble.

If you get in trouble, close the throttle, apply back pressure, and regain control.

Crosswinds can be a real problem.

Remember, in a crosswind landing, the longitudinal axis of the airplane must remain parallel to the runway centerline, as must the flight path of the airplane.

If you don't do both, strong side loads may be exerted on the landing gear, and a ground loop could occur (resulting in even higher side loads).









Proper crosswind technique is a must. In the case of a left crosswind, the left wing must be lowered into the wind and this control input countered with right rudder to maintain the proper track down to the runway. Again, the longitudinal axis of the airplane must be aligned with the flight path which, we hope, is parallel to the runway centerline.

By the way, you should know the crosswind limitations of your airplane and yourself. In some cases, it is best to stay on the ground, or, if airborne, to locate another runway more aligned with the wind.

One of the worst ego bruises occurs when the pilot tries to clear the runway before he or she has slowed down enough. This is even more of a problem in some crosswind conditions.

Simply following the yellow exit line may lead to an unplanned cross-country. A much better technique is to stay on the runway centerline until you've slowed down to taxi speed.



Face it, there's only one principal cause for loss of directional control—pilot error. It's not only lack of knowledge of the "basics." Recent studies also point to preoccupation, stress, fatigue, or just being on a "mental holiday."

Use the sterile cockpit rule on yourself. Think ahead of the airplane on every approach. Continue to fly the airplane after touchdown. And stay proficient.

Worst of all, don't freeze. Remember the saying on the mayonnaise jar, "keep cool but do not freeze." Stay on top of the situation.

Panic can also result in a reversion to "driving response," or trying to steer the aircraft down the runway with the control wheel. That wheel has no purpose in steering on the ground and "driving response" can lead to loss of control.



To summarize, directional control accidents can be greatly reduced if, as pilots, we follow these simple rules:

- Maintain proficiency.
- Stay ahead of the airplane.
- Avoid wheelbarrowing by holding backpressure on the controls during roll-out.
- Keep your flight path and longitudinal axis parallel to the runway centerline.
- Double check wind conditions on short final.
- Stay within the demonstrated crosswind capabilities for both you and the airplane.
- Slow the airplane down before taxiing clear.
- Keep your thoughts on the landing; that is, don't be distracted.
- "Keep cool but do not freeze."



Note: The suggestions and "rules" given in this handout are intended to be helpful aids only and are not intended to replace or supersede the recommendations of the aircraft manufacturer.

About This Series

The purpose of this series of Federal Aviation Administration (FAA) safety publications is to provide the aviation community with safety information that is informative, handy, and easy to review. Many of the publications in this series summarize material published in various FAA advisory circulars, handbooks, other publications, and audiovisual products developed by the FAA and used by the FAA Safety Team (FAASTeam) for educational purposes.

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