

Dear Alaskan Aviator

Thank you for participating in FAA's General Aviation Initiative. We're committed to lowering GA fatal and serious injury accident numbers in Alaska through research, hazard identification, and pilot



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education. **As a pilot,** you have the largest part to play in making every Alaskan flight a safe one. We urge you to include risk assessment in your flight planning, to maintain

pilot proficiency in Alaskan operations, and to seek periodic flight instruction.

Alaska flying is rewarding but Alaska can be unforgiving to aviators who are not fully prepared to deal with the challenge of flying in the 49th state. To make sure you're operating at the top of your game:

Be Prepared—Emergencies and forced landings do happen so you need to be prepared with survival gear, 4 or 5-point restraint systems, satellite phone and/or 406 M Hz locator beacon, and the will to survive. Dress for survival success. In some cases you only retain what you're wearing when you exit the aircraft. Alaskan pilots often wear a vest that contains essential survival items. Consider wearing a helmet when conducting low-level or confined area operations.

Participate in regular proficiency training, and practice Alaska operations frequently. The **Wings Pilot Proficiency Program** and operating according to the **Alaskan Off Airport Operations Guide** are excellent ways to stay on the top of your game. Many insurance companies offer participation discounts.

Get a weather briefing from an approved source and file a flight plan - every flight. Make it a safety habit.

Web Sites

- <http://www.faasafety.gov>
One stop shopping for safety information and training.
- <http://www.faa.gov/go/flyalaska>
Important information you need to know about flying to and within Alaska.
- <http://akweathercams.faa.gov/>
Real time pictures of selected Alaskan airports, passes, and more.
- http://www.faa.gov/about/office_org/headquarters_offices/ato/service_units/systemops/fs/alaskan/anchorage/
Anchorage, AK Air Traffic Pages - Everything you need to fly in the Anchorage area—a must for out of towners and old hands alike.
- <http://aawu.arh.noaa.gov/>
Alaskan Aviation Weather Unit - Current and forecast weather conditions for the 49th state.
- http://www.faa.gov/about/office_org/headquarters_offices/avs/offices/afs/qms
We appreciate your feedback. Please take the time to let us know how we're doing and to offer suggestions for improvement..



Your Alaskan Region FAA Offices

Working together with you to make Alaska aviation safer.

Alaskan FAASTeam Field Office

907-271-5514 or 866-357-4704



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Alaskan Flight Service Stations

- Weather: 800 WX BRIEF or 800-992-7433
- ENA: 866-664-1737 or 907-283-7211
- FAI: 866-248-6516 or 907-474-0137
- JNU: 866-297-2236 or 907-586-7381

Flight Standards Offices

- **Anchorage FSDO and Denali Certificate Management Office**
907-271-2000 or 800-294-5116
- **Fairbanks FSDO**
907-474-0276 or 800-294-5119
- **Juneau FSDO**
907-586-7532 or 800-478-2231

Anchorage Aircraft Certification Office
907-271-2668

Aerospace Medicine Division
907-271-5431

Wings—Pilot Proficiency Program

Regular proficiency training is essential to the safety of all pilots and their passengers. The WINGS - Pilot Proficiency Program is designed to help pilots construct an educational curriculum suitable for their unique flight requirements. It encourages pilots to continue their aviation education and requires training, review, and flight proficiency in the Areas of Operation found in current Practical Test Standards (PTS), that correspond with the leading accident causal factors.

Completing the requirements for the Basic level of Wings also satisfies requirements for the flight review. You can increase your knowledge and proficiency by going on to the Advanced and Master levels.

Get started, on www.FAASafety.gov. Register and complete your Wings Pilot Profile. Then explore the wide range of proficiency training subjects.

Having trouble getting started with WINGS? Call the Alaska FAASTeam for help. 866-357-4704 or 907-271-5514.



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Carbon Monoxide

is a colorless, odorless, poison gas produced as a by-product of combustion. It's found in aircraft exhaust gases, tobacco smoke, and even in backyard charcoal grills. Carbon Monoxide is the leading accidental poisoning agent in the United States, resulting in 500 deaths and 15,000 emergency department visits each year. Even with treatment, some patients develop long-term brain damage, severe memory loss, and difficulty in thinking.

Symptoms of Carbon Monoxide poisoning in humans vary but may include:

- Headache
- Nausea
- Fatigue
- Confusion

Those symptoms occur with other diseases, including flu, so it's impossible to diagnose CO poisoning without a blood test. If pilots and passengers alike are experiencing the same symptoms, the presence of CO is likely.

If you suspect CO in the cockpit turn off the heater and increase ventilation. If oxygen is available—use it and, in any case, land as soon as possible and seek medical attention. There is no home remedy for CO poisoning. High concentrations of oxygen and, in extreme cases, hyperbaric chamber therapy are used in treatment.

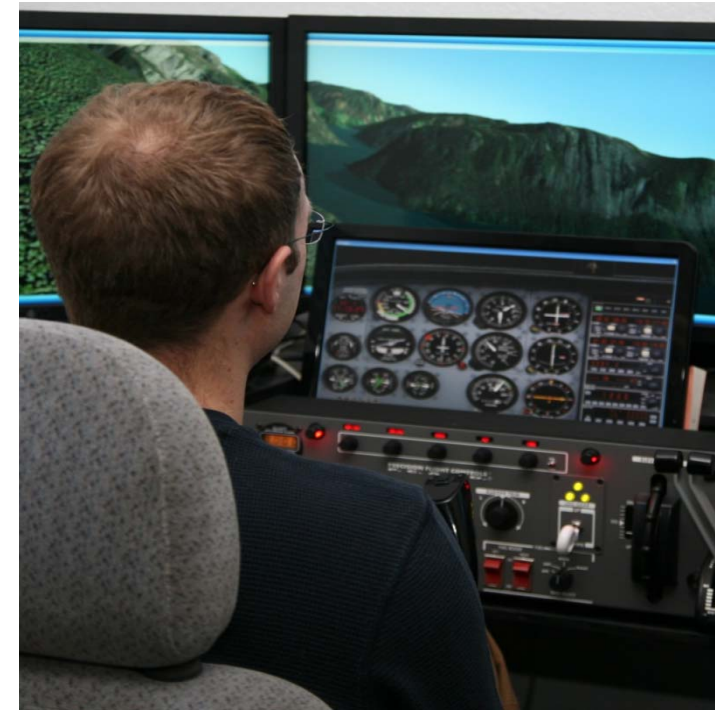


A Carbon Monoxide Detector is good insurance. Change it when expired and don't ignore symptoms even if the detector doesn't alert.

Alaskan FAASTeam Field Office
222 West 7th Avenue #14
Anchorage, AK 99513
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Working together, we can reduce Fatal & Serious Injury accidents



See your CFI Before you Fly