

Your body and sugar

Doctor Dave Johnson will discuss how sugar impacts your physiology as a human being... which of course affects your abilities as a pilot. More and more research is showing that sugar (of any kind) is something that all pilots need to be aware of and how to minimize the negative impact of sugar consumption.

Directions: Driving, park anywhere along the fence.... then walk into the Q hut. Flying, park next to (south of) Sun Shade Hangars on west side of airport, walk 300 ft to Q hut.

A message from the National FAASTeam Manager

Invite a fellow pilot to the next WINGS Safety Seminar in your area.

Sign up for the FAA's safety services at www.FAASafety.gov!

Event Details

Sat, Jun 13, 2015 - 00:00 PDT

EAA Hut - West side of airport

3025 South Street

Q Hut EAA 157

Redding, CA 96001



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Lead Representative WILLIAM V. HILL

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