FAASTeam presents:

## **Exiting the Hold**

Reaching your Aviation Goals. Much like flying an actual hold, there comes a time in every pilot's career where an honest assessment of skill, performance, desire, and goals needs to be made. Are you one of the many pilots that are stuck in the hold unable to complete your aviation goals?

The psychology of decision making, brain differences in learning and decision making, setting goals for aviation, techniques for overcoming obstacles to attaining ratings, education, complex systems. The speaker has spoken extensively on the subject and encourages all pilots especially anyone who wants to learn to fly, those attaining another rating and rusty pilots to join her. Psychotherapist, educator, writer, and instrument pilot, Jolie Lucas, discusses the six keys to exiting the holding pattern and reaching your goals. This fast paced, multi-media presentation explores human factors in decision-making, brain science, motivation, and follow-through. The seminar is sure to inspire you to exit the holding pattern and move forward in your life goals. Free admission with RSVP. Refreshments. WINGS credit.

## **Event Details**

Thu, Feb 21, 2019 - 18:00 PST ACI Jet FBO 945 Airport Drive Hangar San Luis Obispo, CA 93401



Contact: JOLIE LUCAS (805)709-6619 jolielucas@jolielucas.com

Select #: WP1589028 FPM KAREN ANN ARENDT **Directions:** Rte. 227 to Aero Drive to left to Airport Drive to ACI. The seminar is located in the large hangar off the lobby. Free parking will be available on site on a first-come-first served basis. There are 15-20 spots in ACI lot adjacent to the FBO, 15-20 spots in Site Lima and 15-20 spots in Site Mike. There may be additional free parking in Spirit Restaurant parking lot as authorized. For further information contact Luke Newton, General Manager (805)782-9722.

## A message from the National FAASTeam Manager

Invite a fellow pilot to the next WINGS Safety Seminar in your area.

Join us on Facebook: https://www.facebook.com/groups/GASafety/ Sign up for the FAA's safety services at www.FAASafety.gov!

The FAA Safety Team (FAASTeam) is committed to providing equal access to this meeting/event for all participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the "Contact Information" area of the meeting/event notice. Note that two weeks is usually required to arrange services.