

FAASTeam presents:

Dead Tired: Avoiding Pilot Fatigue

San Carlos Flight Center welcomes Allen "Ace" Abbott, author of Dead Tired: Pilot Fatigue--Aviation's Insidious Killer. Mr. Abbott presents an engaging discussion about his book, which examines the issue of cockpit fatigue and the FAA's response to this aviation safety problem. He will discuss the physiological and mental symptoms of sleep deprivation, and provide suggested countermeasures. If time permits, Mr. Abbott will share stories from his first book, The Rogue Aviator In The Back Alleys of Aviation. Both books will be available for purchase after the seminar. Ace Abbott was an F-4 Phantom fighter pilot for the U.S. Air Force in the Far East, a Learjet Captain in Latin America and the Caribbean, and a Boeing 727 Captain all over the world until his mandatory retirement at age 60. He now splits his time between New York and Florida, and keeps busy with airshows, fly-in events, and book tours.

Directions: Located in the Skyway Building, next to the Hiller Aviation Museum. Parking and entrance behind building. Suite 215 is upstairs in the northwest corner.

A message from the National FAASafety Team Manager

Invite a fellow pilot to the next WINGS Safety Seminar in your area.

Sign up for the FAA's safety services at www.FAASafety.gov!

Event Details

Sat, May 4, 2013 - 12:00 pm

San Carlos Flight Center

655 Skyway Rd

Suite 215

San Carlos, CA 94070



Contact: San Carlos Flight Center
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Select #: WP1549826

Representative DAN KELLY DYER

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