

## How Do I Know When I am Too Old to Fly?

Many of us have seen a pilot friend who we worry that they no longer have "the right stuff". Some of us are seeing in ourselves hints that aging may be catching up to us. There is definitely a time when we should turn in the keys, and enjoy telling stories instead of wondering if we are still safe. But, how do we know? This presentation will address the physiological aspects of aging and how they affect being a pilot, with ideas of how we will know when to stop flying as PIC.

Conference Room for LightHawk Regional Fly-In

### **A message from the National FAASTeam Manager**

Earn your WINGS to get a chance to win a prize. Go to <https://www.wingsindustry.com/WINGS-Sweepstakes> for more info. Join us on Facebook: <https://www.facebook.com/groups/GASafety/>

Join us on Facebook: <https://www.facebook.com/groups/GASafety/>

Sign up for the FAA's safety services at [www.faasafety.gov](http://www.faasafety.gov)!

### Event Details

**Sat, May 9, 2026 at 08:30 PDT**

**Hilton Garden Inn San Diego  
Mission Valley**

3805 Murphy Canyon Road  
San Diego, CA



**Contact: RHON WILLIAMS**

**(310) 595-5955**

**[rhon.williams@verizon.net](mailto:rhon.williams@verizon.net)**

**Select #: WP05143176**

**Representative RHON WILLIAMS**  
**n/a**

The FAA Safety Team (FAASTeam) is committed to providing equal access to this meeting/event for all participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the “Contact Information” area of the meeting/event notice. Note that two weeks is usually required to arrange services.