

## Mental Toughness To Prevent Accidents

Many aircraft accidents display signs of giving up, combined with a lack of awareness of 'stuff happens' and being prepared for it. Pilots can be better prepared for dealing with issues in the air by developing 'Mental Toughness', much like many leaders in sports and the performing arts. CFI Jay Mason will discuss developing this mindset, and will review several recent accidents and incidents where having it might have made all the difference.

JWA Administration Building located at Paularino and Airway Ave. Parking is located at the back of the building past the guard shack. This event will be approximately 1.5 hours.

### A message from the National FAASTeam Manager

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Sign up for the FAA's safety services at [www.faaafety.gov](http://www.faaafety.gov)!

### Event Details

**Tue, Feb 10, 2026 at 19:00 PST**

**John Wayne Airport Admin Building**

3160 Airway Ave  
Costa Mesa, CA



**Contact: Gary Schank**

**9492893682**

**gschank@gmail.com**

**Select #: WP05141582**

**Representative GARY LYNN  
SCHANK n/a**

participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the “Contact Information” area of the meeting/event notice. Note that two weeks is usually required to arrange services.