

BFC Instrument Seminar

IFR flying is rarely limited by stick and rudder skill. It is limited by decision-making under pressure. “Human Factors for IFR Flight” examines the cognitive traps, workload management challenges, and stress responses that show up when weather, systems, and ATC demands converge.

We will discuss spatial disorientation, task saturation, automation management, fatigue, and plan continuation bias, along with practical techniques to stay ahead of the airplane. Through real-world scenarios, this seminar focuses on recognizing when performance is degrading and what to do before small errors compound.

IFR proficiency is not just about procedures. It is about understanding how the human brain performs in a high-workload environment and building habits that protect you when it matters most.

Event Details

Thu, Mar 26, 2026 at 18:00 CDT

Million Air Birmingham

4725 65th pl N, Birmingham, AL
Hangar 14

Birmingham, AL



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**Representative ADAM RAY
KELLUM n/a**

Drive-in: Million Air Birmingham is located at 4725 65th Pl N. Walk in the lobby and we'll escort you to the meeting room in Hangar 14

Fly-in: Million Air Birmingham is located on the East Ramp. We will meet in Hangar 14.

A message from the National FAASafety Team Manager

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