

VA Dept. of Aviation presents:

## Flying for a Lifetime

A bit of trivia: Every cell in the human body is replaced at least once every ten years. You are, quite literally, not the same person you were a decade ago. You're also (less literally) not the same pilot. Experience, physical stamina, risk tolerance, mental acuity: They all shift over the years, in obvious and not-so-obvious ways. Question is, how do you adjust? Our latest seminar delves into the forces that shape us as pilots, and explores different ways to maintain the same high level of safety over a lifetime of flying.

**Directions:** Air Safety Institute Seminar

### A message from the National FAASafety Team Manager

Over 10,150 AMTs earned an AMT Award last year. Will you, this year?

Sign up for the FAA's safety services at [www.FAASafety.gov](http://www.FAASafety.gov)!

The FAA Safety Team (FAASafety Team) is committed to providing equal access to this meeting/event for all participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the "Contact Information" area of the meeting/event notice. Note that two weeks is usually required to arrange services.

### Event Details

**Mon, Oct 22, 2012 - 7:00 pm**  
**Virginia Air & Space Center**  
600 Settlers Landing Road  
Hampton, VA 23669



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