

FAASTeam presents:

# Combating Task Saturation and Fixing Fixation

Task-saturation and its cousin Task-fixation. One is caused by having too much to do without enough time the other is telescoping your attention, sometimes to the exclusion of flying the airplane. Both happen to every pilot at all levels, from student to ATP. Some examples are: making a rapid descent to a final approach fix leaving little time to set up radios or the approach, getting too wrapped up on setting up your navigation systems and missing an assigned altitude, focusing too long on the MFD or GPS while missing ATC communications, or missing an item in your checklist because ATC interrupts your flow with a call.

We'll give you methods to help avoid and deal with these psychological traps.

**Directions:** Veteran's Memorial Association Building. Ground floor "Colonial" room. Parking on Willamette Street and in the rear parking lot. <https://goo.gl/maps/7hj1oUUdVpA2>

#### **A message from the National FAASafety Team Manager**

Invite a fellow pilot to the next WINGS Safety Seminar in your area.

Sign up for the FAA's safety services at [www.FAASafety.gov](http://www.FAASafety.gov)!

The FAA Safety Team (FAASafety Team) is committed to providing equal access to this meeting/event for all participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the "Contact Information" area of the meeting/event notice. Note that two weeks is usually required to arrange services.

## Event Details

**Wed, Mar 14, 2018 - 18:00 PST**  
**Veteran's Memorial Association Building**

1626 Willamette St.  
Colonial Inn Room  
Eugene, OR 97401



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