

PRESENTED BY THE PIKES PEAK 99S

CLEARED FOR TAKEOFF: A FLIGHT PLAN FOR WELLBEING

All aviators are invited to attend this free event, where guest speakers will address physical and mental health, VA disabilities, or medical concerns

Presenters:



JILL MONGENE

*The Aviation Dietitian
Topic: Fuel Right, Take Flight*



REINI THIJSEN

*Emerald Mental Health Pilot Counseling Services
Topic: Mental Health Challenges in Aviation*



DR. DAVID ROGERS

*AME, Alpenglow Family Medicine
Topic: Mental Health and FAA Medicals*



DR. JERRY LIMOGÉ

*Senior AME
Topic: VA Disabilities and FAA Medicals*



03 MAY 2025



09.00 AM - 12.00 PM

IN PERSON

*Hilton Garden Inn
2035 Aerotech Dr.
Colorado Springs, CO 80916*