

Preflight Your Flight Physical - 2025 NW Aviation Conference

Approach your FAA flight physical with the same care and precision you bring to your preflight checklist. In this informative seminar, Dr. Rachael Ferraro will walk pilots through practical preparation strategies, common pitfalls to avoid, and lifestyle habits that can help you stay medically ready to fly—now and for the long term. This seminar is designed to replace fear with knowledge, empower pilots to take charge of their health, and help ensure that medical concerns never stand in the way of safe, confident flying.

The Washington State Fairgrounds are located in Puyallup, WA, just north of Highway 12, at Meridian & 9th Ave. Enter the fairgrounds at the Blue Gate. There is free parking in the Blue Lot, across from the Blue Gate at Meridian and 10th Ave.

A message from the National FAA Team Manager

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Event Details

Sat, Feb 21, 2026 at 11:45 PST

Washington State Fair Events Center

110 9th Ave SW
Puyallup, WA



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Select #: NM01141791

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participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the “Contact Information” area of the meeting/event notice. Note that two weeks is usually required to arrange services.