

Essential Spin Training Skills - 2025 NW Aviation Conference

This presentation explores the critical elements of aircraft spin training, combining aerodynamic theory with practical recovery techniques. We'll examine the physics behind spin development, including the roles of yaw, angle of attack, and asymmetric lift distribution. Participants will learn to identify the four stages of a spin and understand the differences between incipient, accelerated, and flat spins. Through analysis of case studies, we'll demonstrate proven recovery methods and common pitfalls to avoid. Special emphasis will be placed on recognition and prevention strategies, ensuring pilots develop both the knowledge and confidence to handle these challenging flight regimes safely. Cecilia Aragon combines her passions for flying and teaching as a CFI specializing in aerobatic training, an FAASTeam Representative, and a newly designated Pilot Examiner for the Seattle FSDO.

The Washington State Fairgrounds are located in Puyallup, WA, just north of Highway 12, at Meridian & 9th Ave. Enter the fairgrounds at the Blue Gate. There is free parking in the Blue Lot, across from the Blue Gate at Meridian and 10th Ave.

A message from the National FAASTeam Manager

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Event Details

Sun, Feb 22, 2026 at 13:00 PST

Washington State Fair Events Center

110 9th Ave SW

Puyallup, WA



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