

Avoiding Loss of Control - 2025 NW Aviation Conference

Catherine will discuss common ways pilots run into trouble in the pattern and offers tips for recovery and avoiding loss of control. Topics of discussion include pilot-induced oscillations, wake turbulence upsets, and stalls at low altitudes. Cavagnaro's specialty is training pilots to recover from dangerous flight conditions, particularly aerodynamic stalls, when an aircraft's wings stop providing lift because they've been angled too steeply. After an airplane experiences a stall, it goes into a spin—corkscrewing toward the ground—and that's where Cavagnaro comes in, teaching pilots the techniques necessary to right their aircraft and live to fly another day. Pilots from all over the world—including military pilots, airline pilots, and flight test pilots—come to train with Cavagnaro in Sewanee.

The Washington State Fairgrounds are located in Puyallup, WA, just north of Highway 12, at Meridian & 9th Ave. Enter the fairgrounds at the Blue Gate. There is free parking in the Blue Lot, across from the Blue Gate at Meridian and 10th Ave.

A message from the National FAASTeam Manager

Earn your WINGS to get a chance to win a prize. Go to <https://www.wingsindustry.com/WINGS-Sweepstakes> for more info. Join us

Event Details

Sat, Feb 21, 2026 at 11:45 PST

Washington State Fair Events Center

110 9th Ave SW

Puyallup, WA



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