MN FAASTeam presents:

Saturday Morning Coffee and Wings - Too Tired To Hover

Join us for A VIRTUAL cup of coffee, a donut, and a LIVE WEBINAR as Chris Baur and colleagues discuss fatigue in helicopter operations.

Fatigue is an often underreported but significant risk factor in helicopter operations:

- Since 1990, NTSB has conducted 6,561 helicopter accident investigations
- While only 33 investigations explicitly cited fatigue or lack of sleep as a contributing factor, this likely understates the true impact
 - Based on other industries, fatigue is estimated to be a factor in 1 in 5 incidents
- Subjective self assessments are often inaccurate because those with sleep debt often understimate their alertness deficit

For further information: <u>USHST Fatigue</u> <u>Management Program</u>

Event Details

Sat, Nov 15, 2025 at 09:00 CDT

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Contact: LAURA JEAN HERRMANN

(612) 253-4513

faa.smcw@yahoo.com Select #: GL15138459

Lead Representative LAURA JEAN HERRMANN n/a

Aviation safety will be discussed, and is central to the content of this presentation. Many of our sessions are recorded and can be viewed on our YouTube channel, Saturday Morning Coffee and WINGS. Credit is not available if viewing the recording. Here is a link: Saturday Morning Coffee and WINGS YouTube channel If you haven't already registered for this webinar series, register using the link below: Registration Link For Saturday Morning Coffee and WINGS Sessions You will receive a second e-mail with a link to join the webinar.

A message from the National FAASTeam Manager

JOIN US MOST SATURDAYS AT 0900 CT!