

The FAA Safety Team presents:

Staying Mentally Sharp in Flying

Rob Poulton will share some practical real life experiences of preparing for a flight that will not happen. Being a constant observer of the weather, the impacts of the current conditions, decision making, thinking about flights now and sometime in the future are all helpful in remaining mentally current if not physically active as a pilot. The key is to remain mentally engaged.

Circumstances sometimes occurs when you cannot fly for a bit of time for some reason. It could be health, financial, family or work related delays. You can still however remain mentally in the flying game. Rob will share various methods and techniques that you can use to keep yourself in the flying game by studying weather, flying simulators, flying Microsoft Flight simulation programs and other techniques..

Flying is 90% mental attitude and 10% physical skill. Keep the mental attitude and skills sharp even when you are not actively flying and cannot for several months. The skills learned will make it much easier to get back into flying after a period of time has lapsed.

Click on the link below and register TODAY!

Event Details

Sat, Jan 5, 2019 - 09:00 EST
Flightlevel Aviation at North
Central Airport

300 Jenks Hill Road
2nd building on right
Smithfield, RI 02917



Contact: Paul A. Carroll
(401) 578-5188
paul@amprintri.com

Select #: EA6188157
Representative Paul A. Carroll

Directions: From the North: Take Rt. 295 South to Exit 9A to Rt 146 South. Turn on Rt 116 South. Merge to W. Greenville Rd. Left on Albion Rd. From the South: Take Rt 295 North and follow directions from above. For easy free parking please the old main terminal building lot.

A message from the National FAASafety Manager

Invite a fellow pilot to the next WINGS Safety Seminar in your area.

Join us on Facebook: <https://www.facebook.com/groups/GASafety/>

Sign up for the FAA's safety services at www.FAASafety.gov!

The FAA Safety Team (FAASafety) is committed to providing equal access to this meeting/event for all participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the "Contact Information" area of the meeting/event notice. Note that two weeks is usually required to arrange services.