

Staying Sharp in the Sky- Navigating Fatigue Risk Management

Fatigue risk impacts all aspects of rotorcraft operations, including air crew, ground crew, and support personnel whose mission-critical activities ensure safe and effective operations. Operational factors like long shifts, back-to-back duty days, infrequent breaks, and inadequate sleep significantly increase fatigue risk—raising the risk of performance errors and safety incidents. To mitigate fatigue risk, organizations can implement a Fatigue Risk Management Program (FRMP). Proactive fatigue risk management is a critical process within an FRMP that involves monitoring for conditions of elevated fatigue risk and proactively implementing risk controls. This course provides an overview of the operational sources of fatigue risk, the structure of an FRMP, and practical approaches to support implementation in rotorcraft operations. Updates will be shared from the USHST Fatigue Working Group that was established to support adoption of FRMP within the helicopter industry.

Event Details

Mon, Mar 9, 2026 at 13:00 EDT

Georgia World Congress Center

285 Andrew Young Blvd NW, Atlanta,
GA

Room B313

Atlanta, GA



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Room B313 of the Georgia World Congress
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