

FAASTeam presents:

# **Terrible Triad of Fatigue Stress and Medications**

As pilots we must be as close to "the top of our game" as possible. But as humans, we suffer from fatigue and stress, and sometimes we need medications. We can be safer in everything we do if we understand and actively manage the individual members of the "Terrible Triad" of fatigue, stress, and medications. This live webinar will introduce the hazards and provide some information on how to mitigate some of the risks. Several recent accidents will be discussed and analyzed to learn from the mistakes of others. Click here to visit the webinar page for more information and to register.

**Directions:** This live webinar will be presented at three different times on July 26, 2016. Presentation times are:  
3 PM EDT (2 PM CDT, 1 PM MDT, 12 N PDT, 1900 UTC)  
8 PM EDT (7 PM CDT, 6 PM MDT, 5 PM PDT, 0000 UTC)  
11 PM EDT (10 PM CDT, 9 PM MDT, 8 PM PDT, 0300 UTC)  
You will select the session that is most convenient during the registration process.

Click here to visit the webinar page for more information and to register..

The webinar lasts approximately one hour and is worth one Basic Knowledge 3 credit toward the FAA Wings Pilot Proficiency Program.

The webinar is interactive and can be viewed on either a PC or a Mac. A high speed Internet connection is required. Speakers are required. A microphone or telephone connection is required to participate in discussion.

The presenter is Gene Benson, CFII, FAASTeam Lead Representative, and industry consultant.

## Event Details

Tue, Jul 26, 2016 - 20:00 EDT

--  
--  
--

Foreign, FN 00000



Contact: EUGENE MILES BENSON  
(585) 727-0968

[gene@genebenson.com](mailto:gene@genebenson.com)

Select #: EA2369819

Lead Representative EUGENE MILES  
BENSON

**A message from the National FAASafety Team Manager**

Invite a fellow pilot to the next WINGS Safety Seminar in your area.

Sign up for the FAA's safety services at [www.FAASafety.gov](http://www.FAASafety.gov)!

The FAA Safety Team (FAASafety Team) is committed to providing equal access to this meeting/event for all participants. If you need alternative formats or services because of a disability, please communicate your request as soon as possible with the person in the "Contact Information" area of the meeting/event notice. Note that two weeks is usually required to arrange services.