

## NAFI - Clinical Aspects of Pilots Mental Health

Mental health is a critical aspect of our overall well-being, and it is essential for pilots and others in aviation as well. Significant under-reporting of mental health conditions is known to be widespread throughout the aviation industry. In this MentorLIVE session, we will review the signs and symptoms of mental illness and explore ways that pilots may self-report any mental health issues they may be experiencing.

We will discuss how flight instructors can be alert to the signs and symptoms of mental illness, and we will explain how to remove the stigma that surrounds mental health issues. We will highlight reporting systems that are designed to maintain confidentiality while ensuring that individuals receive the necessary support while taking appropriate measures to ensure flight safety.

**[Broadcast - MentorLIVE NAFI To REGISTER for and ACCESS this CLICK HERE](#)**

### Event Details

**Wed, Apr 3, 2024 at 19:00 CDT**

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Foreign, FN



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UNABLE TO ATTEND THE LIVE BROADCAST? You may access the ARCHIVED program at any time after the LIVE Broadcast via the link above on virtually any internet connected device.

WINGS CREDIT is earned immediately after passing the knowledge quiz via a 2- step process. The link to the FAA WINGS Course Quiz is in a "post" on the right side of the linked page noted above.

A few Chrome users may experience a problem trying to access the registration for this program. Chrome recommends first to try another browser in their "Troubleshooting Chrome" instructions

### **A message from the National FAASTeam Manager**

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